## 4-1 Videos Guide

## 4-1a

- Introduction to the concept of areas and distances

4-1b

## Exercise:

- (a) Use six rectangles to find estimates of each type for the area under the given graph of $f$ from $x=0$ to $x=12$.
(i) $L_{6}$ (sample points are left endpoints)
(ii) $R_{6}$ (sample points are right endpoints)
(iii) $M_{6}$ (sample points are midpoints)
(b) Is $L_{6}$ an underestimate or overestimate of the true area?
(c) Is $R_{6}$ an underestimate or overestimate of the true area?
(d) Which of the numbers $L_{6}, R_{6}$, or $M_{6}$ gives the best estimate? Explain.



## 4-1c

Definition: (area)

- The area $A$ of the region $S$ that lies under the graph of the continuous function $f$ is the limit of the sum of the areas of approximating rectangles:
$A=\lim _{n \rightarrow \infty} R_{n}=\lim _{n \rightarrow \infty}\left[f\left(x_{1}\right) \Delta x+f\left(x_{2}\right) \Delta x+\cdots+f\left(x_{n}\right) \Delta x\right]$
ALSO $A=\lim _{n \rightarrow \infty} L_{n}=\lim _{n \rightarrow \infty}\left[f\left(x_{0}\right) \Delta x+f\left(x_{1}\right) \Delta x+\cdots+f\left(x_{n-1}\right) \Delta x\right]$,
where $R_{n}$ indicates rectangles whose heights are given using the right endpoints of subintervals and $L_{n}$ uses left endpoints of subintervals


## Exercises:

- Use the definition of area to express the area under $f$.

$$
f(x)=x^{2}+\sqrt{1+2 x}, \quad 4 \leq x \leq 7
$$

## 4-1d

- Determine a region whose area is equal to the given limit. Do not evaluate the limit.

$$
\lim _{n \rightarrow \infty} \sum_{i=1}^{n} \frac{3}{n} \sqrt{1+\frac{3 i}{n}}
$$

- The velocity graph of a car accelerating from rest to a speed of $120 \mathrm{~km} / \mathrm{h}$ over a period of 30 seconds is shown. Estimate the distance traveled during this period.


